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Preschool E-Learning - "Me on the Go"

Here are some ideas for concepts and skills that can be worked on for e-learning. Your child may find them easy, difficult or just right. Please keep in mind that the activities can be expanded upon or lengthened as your child's attention and engagement allow. Choose 3-4 activities from the below choice board to complete along with having a snack together.

Name 6 things that "go" (vehicles). Sort them into land, air and water categories. Which category has less? More?	Move like a race car, train, airplane, truck, or boat. Move fast and slow. Practice red light (stop) and green light (go).	Read Going Places by Chuck Garofano. Ask your child to name the different vehicles that they saw. Have your child count the different vehicles.	Bedtime race - we love a challenge - set a timer for 15 minutes and signal to your child to change clothes, brush teeth, hop into bed before the timer rings.	Draw shapes on paper. Trace the shapes using small items such as beans, pompoms, cut up straws, buttons or rocks.
Practice asking for help in appropriate situations (e.g. can't engage zipper or put on shoes).	Find shoes and put them in order from smallest to largest or largest to smallest. Count the shoes.	Make a card for a relative or friend. Draw a picture and write your name. Be creative!	Leave a small amount of playdough, paint, or glue out overnight. What happened? Why? What should we do next?	Play a game using the colors family members are wearing by giving directions (e.g. if you're wearing red then stand up).
Build something with blocks or plastic cups. How high can you stack them? How can you improve the creation?	How many feet in your family? Hands? Noses? Fingers? Toes? Pick 1-3 body parts and practice finding them. "Where's your elbow?"	Find items that are a line or can be made into a  line: straws, yarn, cotton swabs, chopsticks, etc. Use these objects to create a house.	Draw a person. Have your child put on as many body parts that they can. Ask "Where's your nose?" How many body parts can your child identify?	Read Going Away by Ned Jensen. Discuss with your child the different modes of transportation. Ask your child which mode of transportation is their favorite.

Choose 1 gross motor activity from choices below:

Practice Jumping. Jump as far as you can! Jump over rolled up towels or blankets. Jump down from a step stool or chair. Turn on a song and see if you can jump the whole time the song is playing without stopping.	Animal Walks! Go around your house doing various animal walks. Try bear walking, frog jumping, walking on tiptoes tall like a giraffe and galloping like a horse.	Play follow the leader! Walk around the house and imitate what the leader is doing. Try marching, galloping, jumping, running, crawling, and walking on tiptoes.	Play with balls. Practice rolling back and forth with a partner Practice playing catch. Practice throwing small balls or rolled up socks into a basket. Start up close then move farther away
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